

Anaphylaxis Checklist:

STARTING SCHOOL OR BACK TO SCHOOL



Here are some helpful tips for a less stressful school year.



- ✓ Remind your child of their allergy and anaphylaxis triggers before school starts.
- ✓ Keep a printed list of your child's allergies in their school bag, locker or on noticeboards.
- ✓ Teach your child to recognise early symptoms of a reaction and to alert staff immediately.
- ✓ Reinforce the importance of not sharing food or drink.
- ✓ Review and discuss the school's playground food policy for allergy safety.
- ✓ Inform the school of your child's allergies and emergency plan.
- ✓ If there are several children with anaphylaxis, suggest a talk or demo at assembly.
- ✓ Share your experiences and tips in the school newsletter.
- ✓ Confirm where the EpiPen® Auto-Injectors will be stored at school and ensure your child knows.
- ✓ Provide the school with a printed copy of your child's ASCIA Action Plan.
- ✓ ALWAYS keep 2 in-date EpiPens at school and pack 2 for school trips.

For more valuable resources on EpiPen and anaphylaxis, visit myepipen.com.au

ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

EPIPEN is for the emergency treatment of anaphylaxis. EPIPEN is not a substitute for emergency medical/hospital care. Call 000 immediately after administering EPIPEN. An additional dose of EPIPEN may be needed while waiting for emergency care. EPIPEN is available from pharmacies with a prescription, or without a prescription as part of a formal anaphylaxis action plan provided by a health practitioner.

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Date of preparation: July 2025. AU-EPI-2025-00008. VIAEPI2465-A.

