

How to use EpiPen® Auto-Injector

EPIPEN® EPIPEN® Jr

Adrenaline (Epinephrine) Auto-Injectors 0.3/0.15mg

If you are using EpiPen on yourself, you should lie flat or sit if breathing is difficult.

If administering EpiPen to someone else, have them lay flat. If breathing is difficult allow them to sit but not stand.

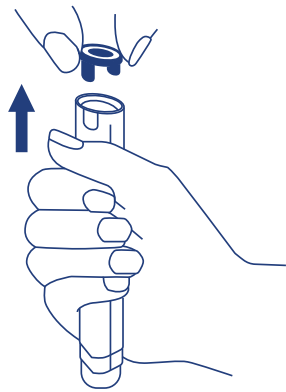
After administration of EpiPen, always seek medical attention – **call triple zero (000) for an ambulance**. While waiting for the ambulance, the person who was administered EpiPen should continue to lie down with their feet raised. However, if this makes them breathless, they should sit up.

Just remember: **BLUE** to the **SKY**, **ORANGE** to the **THIGH**.

1

BLUE to the SKY

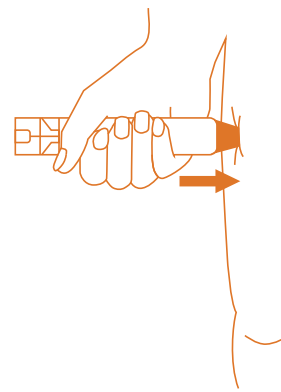
Grasp with orange tip pointing downward.
Remove blue safety cap by pulling straight up – do not bend or twist.



2

ORANGE to the THIGH

Place the orange tip against the middle of the outer thigh at a right angle (90-degree angle). Push the auto-injector firmly into the thigh until a click is heard or felt. Hold firmly in place for 3 seconds and then remove.



What to do with used EpiPens

Used EpiPens can be handed to a medical support person or dropped into a pharmacy for safe disposal.



Watch the video

Scan the QR code to watch a video on how to use EpiPen –available in 26 languages.



ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

EPIPEN is for the emergency treatment of anaphylaxis. EPIPEN is not a substitute for emergency medical/hospital care. Call 000 immediately after administering EPIPEN. An additional dose of EPIPEN may be needed while waiting for emergency care. EPIPEN is available from pharmacies with a prescription, or without a prescription as part of a formal anaphylaxis action plan provided by a health practitioner.

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